

BELT SQUAT

The **Maxfit Maximus Belt Squat** is a compact commercial lower body machine engineered to **maximize quadriceps, glute, and posterior chain development** through powerful squat mechanics without placing direct compressive load on the spine. Designed for smooth resistance delivery, enhanced lower body activation, and superior movement stability, the machine provides highly effective squat training with reduced lumbar stress.



Belt-loaded squat system for **reduced spinal compression**

Physiological resistance curve for smooth and progressive loading

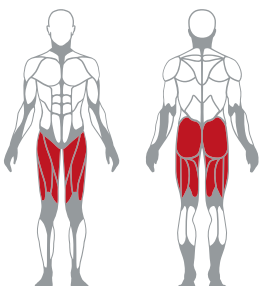
Wide anti-slip foot platforms for enhanced stability and force transfer

Included belt system for direct pelvic load transfer

Easy-start system for controlled movement initiation

Central support handle for balance and movement control

4 additional integrated weight plate holders



Targets the Quadriceps, Glutes, Hamstrings, and Posterior Chain muscles

Dimensions (L x W x H): 1451 x 1455 x 1212 mm
Net Weight: 90 kg