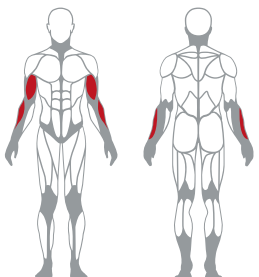


BICEP CURL

The **Maximus Three Angle Bicep Curl** is a premium commercial arm training machine engineered to deliver versatile and biomechanically **optimized elbow flexion training** through **three adjustable working angles**. Designed to **maximize activation of the biceps brachii** and **brachialis**, the machine allows varied muscle recruitment patterns, smooth resistance delivery, and superior movement ergonomics for advanced arm development and strength training.

- ✦ **Triple-angle training** configuration for varied muscle emphasis
- ✦ **Independent arms** for unilateral and bilateral exercises
- ✦ **CAM-driven physiological resistance curve** for smooth loading
- ✦ **Adjustable working positions** for diversified arm activation
- ✦ **Counterbalanced lever system** for smoother movement initiation
- ✦ **Retractable anti-slip side footrests** for enhanced stability
- ✦ **Gas-assisted adjustable seat** for ergonomic alignment
- ✦ 2 additional integrated weight plate holders



Targets biceps brachii and brachialis muscles

Dimensions (L x W x H): 1318 x 1820 x 1180mm
 Net Weight: 120 kgs