

CROSS LAT PULL DOWN

The Maximus Cross Lat Pull Down is a premium commercial back training machine engineered to develop back width, particularly the latissimus dorsi and teres major, through a biomechanically optimized circular movement pattern. Designed for professional training environments, it delivers smooth, natural motion with superior comfort, stability, and unilateral training capability for balanced muscle development.

Circular pulling trajectory for deeper muscle contraction and extended range of motion

Spring-assisted lever balancing system for controlled operation

Physiological resistance curve for smoother movement mechanics

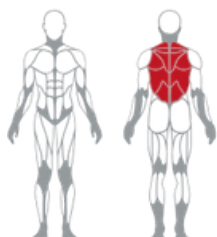
6 Weight Plate Holders

Multiple grip options with neutral and pronated handles

Independent movement arms for unilateral and bilateral exercises

Central stabilizing handle for single-arm exercises

Gas-assisted adjustable seat and knee support rollers



Targets:
Latissimus Dorsi, Teres Major, Trapezius, and upper back muscles

Dimensions (L x W x H): 1490 x 1427 x 1978mm
Net Weight: 97kgs