

GLUTE HIP THRUST

The **Maxfit Maximus Glute Hip Thrust** is a premium commercial glute training machine engineered to **maximize hip extension power, glute activation, and posterior chain development** through smooth and biomechanically optimized movement mechanics. Designed for superior stability, comfort, and controlled resistance delivery, the machine effectively targets the glutes and hamstrings while ensuring safe and efficient lower body training.



Designed for **powerful hip extension** and **glute-focused** training

Specialized waist-lock belt system for enhanced user stabilization

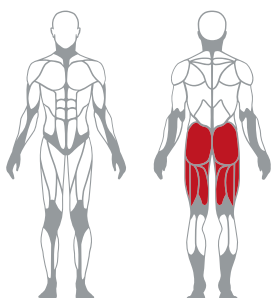
Physiological resistance curve for smooth and progressive loading

Tilting backrest follows natural body movement during exercise

Wide anti-slip foot platform for maximum stability and force transfer

Smooth and controlled hip thrust mechanics

4 additional integrated weight plate holders



Targets gluteus maximus, hamstrings, and posterior chain muscles

Dimensions (L x W x H): 1626 x 1687 x 1042 mm
Net Weight: 90 kg