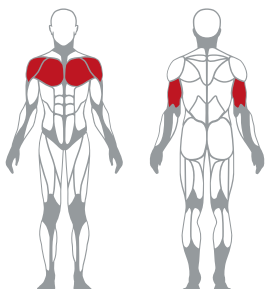


HORIZONTAL BENCH PRESS

The **Maxfit Maximus Horizontal Bench Press** is a premium commercial chest training machine engineered to maximize **activation of the central pectoral muscles** through a biomechanically optimized **horizontal pressing trajectory**. Designed for smooth resistance delivery, natural pressing mechanics, and balanced upper body development, the machine delivers powerful chest-focused training with superior comfort and movement control.



- ✦ **Horizontal pressing movement** for enhanced chest development
- ✦ **Adjustable handle starting positions** for customized range setup
- ✦ **Neutral and pronated grip variations** for diversified muscle recruitment
- ✦ **Physiological resistance curve** for smooth and progressive loading



Targets the Pectoralis Major (central chest) and Anterior Deltoids

Dimensions (L × W × H): 1876 × 1582 × 1036 mm
Net Weight: 84 kg