

LEG PRESS

The **Maxfit Maximus Glute Hip Thrust** is a premium commercial glute training machine engineered to **maximize hip extension power, glute activation, and posterior chain development** through smooth and biomechanically optimized movement mechanics. Designed for superior stability, comfort, and controlled resistance delivery, the machine effectively targets the glutes and hamstrings while ensuring safe and efficient lower body training.



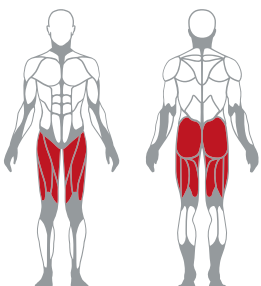
Supports **bilateral, unilateral, and alternating** leg press training

Reciprocal locking system for synchronized movement execution

Independent foot platforms for varied lower limb activation

Linear low-friction sliding system for smooth pressing mechanics

Anti-slip foot platforms for superior stability and force transfer



Targets quadriceps, glutes, hamstrings, and lower body pushing muscles

Dimensions (L x W x H): 2130 x 1475 x 1360 mm
Net Weight: 165 kg