

MIDDLE CHEST FLIGHT

The **Maximus Middle Chest Flight** is a premium commercial **chest isolation machine** engineered to maximize activation of the **central pectoral muscles** through smooth, controlled, and biomechanically precise fly movement. Designed for focused **chest contraction** with **minimal tricep involvement**, the machine delivers superior muscle isolation, natural movement mechanics, and enhanced training stability for professional strength training environments

Designed for **precise mid-chest** isolation and contraction

Independent arms for unilateral and bilateral exercises

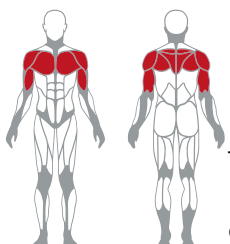
Physiological resistance curve for consistent muscular loading



Jointed handles for ergonomic and fluid movement mechanics

Fixed stabilization handles for controlled unilateral movement

4 Additional Integrated Plate Holders



Targets central pectoralis major and anterior deltoids

Dimensions (L x W x H): 1915 x 1600 x 760mm
Net Weight: 83 kgs