

LOW ROW

The **Maxfit Maximus NX Low Row** is a premium commercial back training machine engineered to **maximize mid-back thickness, lat engagement, and pulling strength** through smooth and controlled rowing mechanics. Designed with ergonomic close-grip handles, premium steel footplates, and a stable heavy-duty structure, the machine delivers powerful activation of the lats, rhomboids, trapezius, and rear deltoids while maintaining natural movement and consistent resistance throughout the exercise.



Low row movement for complete **mid-back and lat development** ✦

Ergonomic **close-grip handles** for deep back contraction ✦

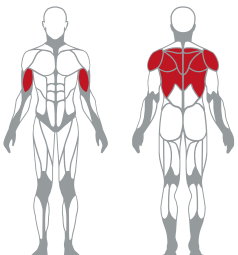
Premium footplates for enhanced stability and sturdy grip during heavy pulls ✦

Modern appearance and fine detailing enhance the visual appeal of your fitness space ✦

Long seat design accommodates users of different heights and body types ✦

Ergonomic seated position supports proper posture and spinal alignment ✦

4 additional integrated weight plate holers ✦



Targets latissimus dorsi, rhomboids, trapezius, rear deltoids, and biceps

Dimensions (L x W x H): 2530 x 1567 x 1615 mm
Net Weight: 163 kg

PULL STRONGER. CONTRACT DEEPER. BUILD SERIOUS BACK DENSITY.