

SEATED LATERAL RAISE

The **Maxfit Maximus Seated Lateral Raise** is a premium commercial shoulder isolation machine engineered to **maximize lateral deltoid activation** through smooth and biomechanically **optimized lateral raising movement**. Designed for enhanced shoulder width, muscular definition, and controlled resistance delivery, the machine ensures precise shoulder mechanics, superior comfort, and balanced strength development for professional training environments.

- ✦ Designed for **shoulder width** and **side delt** development
- ✦ **Physiological resistance curve** for natural movement mechanics
- ✦ **Counterbalanced lever** system for smoother movement initiation
- ✦ Smooth and **controlled lateral raise** motion
- ✦ Premium **ergonomic handles** for enhanced grip comfort
- ✦ **Gas-assisted adjustable seat** for ergonomic alignment
- ✦ 6 additional integrated weight plate holders



Targets rotator cuffs, lateral deltoids and upper trapezius muscles

Dimensions (L x W x H): 1630 x 1577 x 1390mm
Net Weight: 125kgs