

SHOULDER PRESS

The Maximus Shoulder Press is a premium commercial shoulder training machine engineered to deliver **biomechanically efficient overhead pressing** for **targeted deltoid development** and upper chest activation. Designed with a physiological pressing trajectory and independent movement arms, it provides smooth, stable, and natural shoulder mechanics while supporting balanced strength development and superior training comfort

✦ **Physiological pressing trajectory** for natural shoulder movement

✦ **Pronated grip** enhances anterior deltoid activation

✦ **Physiological resistance curve** for smooth and progressive loading

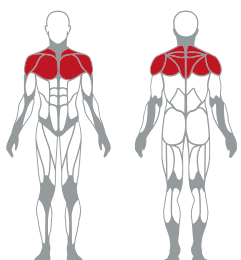
✦ **Gas-assisted adjustable seat** for precise user positioning

✦ **Neutral and pronated grip** variations for varied muscle recruitment

✦ **Stable and ergonomic** overhead pressing mechanics

✦ **Independent arms** for unilateral and bilateral exercises

✦ **6 Additional Integrated weight plate storage holders**



Targets rotator cuffs, deltoids, anterior deltoids, and clavicular pectoral fibers

Dimensions (L x W x H): 1524 x 1610 x 1442 mm
Net Weight: 98 kg