

TRICEP DIP

The **Maximus Tricep Dip** is a premium commercial upper body training machine engineered to **maximize tricep activation** while effectively engaging the **chest and anterior deltoids** through a smooth and biomechanically **optimized dipping movement**. Designed for strength development, stability, and controlled pressing mechanics, the machine delivers versatile and highly effective upper body training for professional fitness environments.

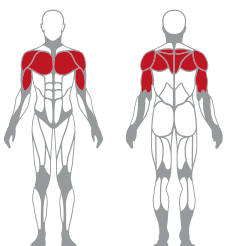
✦ **Independent arms** for unilateral and bilateral exercises

Mutual locking system for synchronized movement execution ✦



✦ **Multiple grip positions** for varied muscle recruitment

Gas-assisted adjustable seat ✦ for ergonomic alignment



Targets triceps, chest, and anterior deltoids

Dimensions (L x W x H): 1552 x 1219 x 995mm
Net Weight: 90 kgs