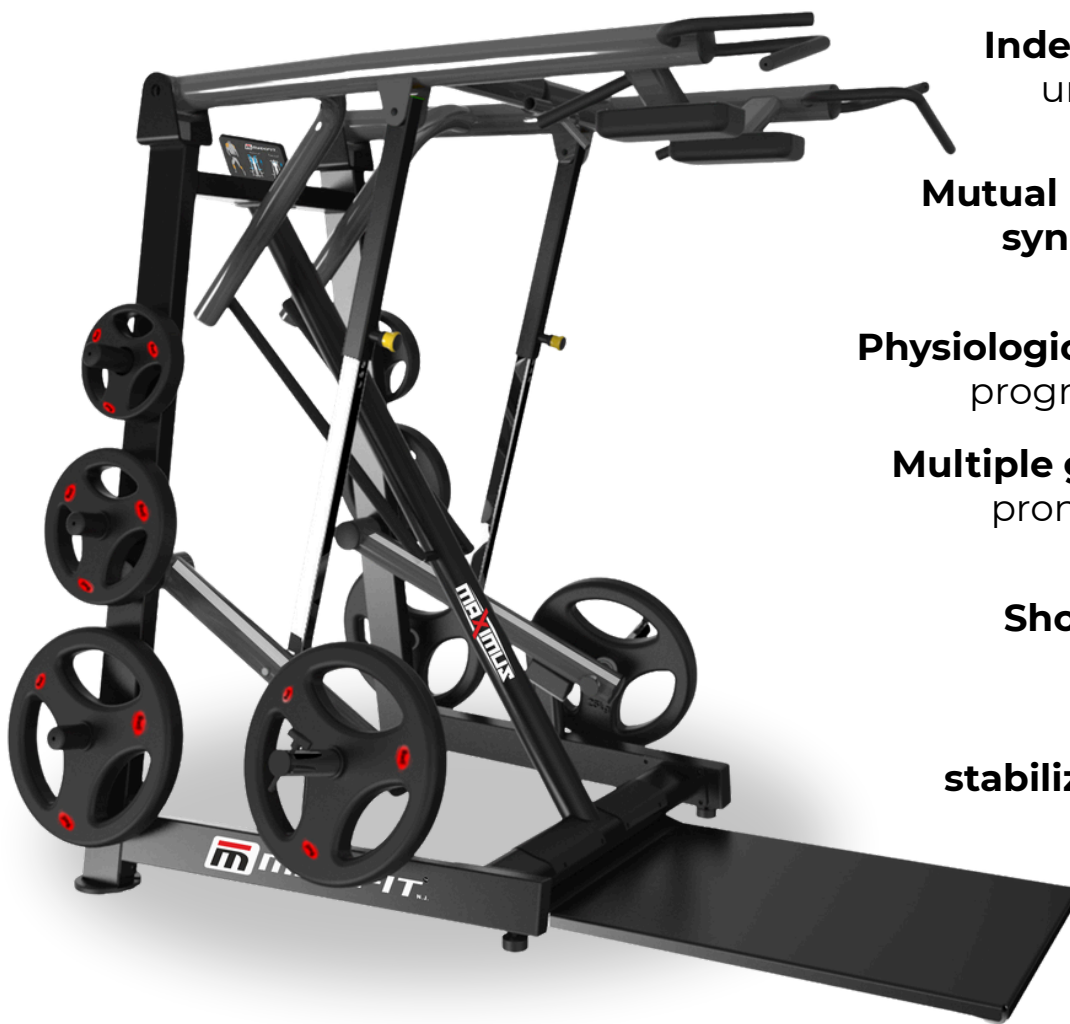


VIKING PRESS & CALF RAISE

The **Maxfit Maximus Viking Press & Calf Raise** is a premium multifunction commercial strength machine engineered for **powerful shoulder pressing and standing calf training**. Designed with biomechanically optimized movement mechanics and progressive resistance delivery, the machine effectively develops the deltoids, upper chest, and calf musculature while providing superior stability, ergonomic control, and smooth exercise execution.



Independent levers for unilateral or bilateral execution

Mutual locking system for synchronized bilateral movement

Physiological load curve with progressive lever system

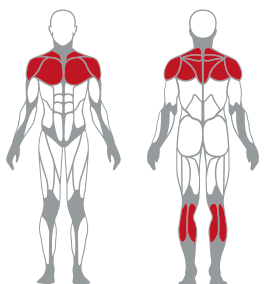
Multiple grip positions with prone, semi-prone, and neutral handles

Shoulder supports for calf training

Large anti-slip stabilization platform for secure execution

Super-grip calf platform for enhanced traction and stability

6 additional integrated weight plate holders



Targets the Deltoids, Clavicular Pectoralis Major, Gastrocnemius, Soleus, and Triceps Surae

Dimensions (L × W × H): 1815 × 1522 × 1650 mm
Net Weight: 115 kg