



MAX FITNESS

The Trusted Name In Fitness

Maxfit CICLO 520R Recumbent Bike



Heart Rate: Hand pulse sensors for real-time monitoring

Resistance Level: 32-level electronic resistance for precise intensity control

Display & Programs: Clear LCD showing time, distance, calories, speed, watt & pulse | **24 Programs-** 1 Manual, 12 Pre-Set, 2 Watt Control, 1 Body Fat, 1 THR, 4 HRC, 4 User-Defined

Flywheel: Heavy-duty 14 kg flywheel for smooth, consistent performance

Seat Adjustment: 11.5" horizontal seat adjustment for personalised comfort

Back Support: Premium Micro-Linear Mesh backrest designed for superior lumbar support, breathability, and long-duration comfort.

Pedals: Secure strapped pedals for added stability

Convenience: Transport wheels for easy movement, built-in bottle holder and a premium wooden finish

Mobile / iPad Holder: Dedicated holder to enjoy entertainment or training apps during workouts



A comfort-focused recumbent bike designed for smooth, low-impact cardio, the **Maxfit 520R** features an **ergonomic backrest**, a **wide feather-light cushioned seat with a premium wooden finish**, and a **stable riding posture that reduces stress on joints and the lower back**—making it ideal for home users, senior users, and rehabilitation-oriented training.



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