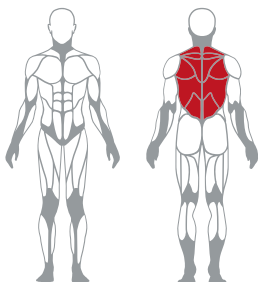


MULTI GRIP HIGH ROW

The **Maxfit Maximus NX Multi Grip High Row** is a premium commercial **high-row** machine engineered to **maximize upper and mid-back development** through biomechanically optimized pulling mechanics. Designed with multiple grip configurations, stable knee locking support, and a natural high-row trajectory, the machine delivers deep lat engagement, enhanced upper-back contraction, and powerful pulling performance for serious strength training environments.

- ✦ **High-row pulling movement** for upper and mid-back thickness development
- ✦ **8 grip positions** for varied muscle recruitment and pulling angles
- ✦ Advanced biomechanics for smooth and natural movement mechanics
- ✦ **Adjustable knee locking pads** for enhanced body stability
- ✦ Diverging **pulling path** for deeper back contraction
- ✦ Plate-loaded resistance system for progressive strength training
- ✦ **Ergonomic seated design** for stable and efficient pulling mechanics



Targets the Latissimus Dorsi, Rhomboids, Trapezius and Rear Deltoids

Dimensions (L x W x H): 1950 x 1525 x 1995 mm
Net Weight: 125 kg

PULL HIGHER. CONTRACT HARDER. BUILD A BACK THAT STANDS OUT.