



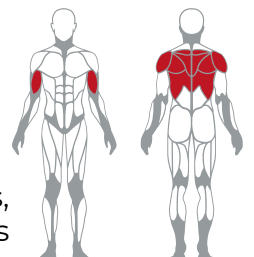
# CVL STANDING POWER ROW

The **Maxfit CVL Standing Power Row** is a **plate-loaded** back training machine engineered to build back thickness, pulling strength, and muscular development through a powerful standing rowing motion. Featuring multiple grip positions, and an adjustable support system, it delivers exceptional lat, rhomboid, trapezius, and rear deltoid activation while promoting balanced strength development and superior peak contraction.



- ✦ **Wide, Narrow & Neutral Grip**  
Positions for varied muscle recruitment and training versatility
- ✦ **Adjustable Back Support**  
Frame accommodates users of different heights

- ✦ **Adjustable Footplate** for customized training position and biomechanics
- ✦ **Large Hard-Rubber Textured Footplate** for superior grip and stability



Dimensions (L x W x H): 1430 x 1800 x 1010mm      Targets Lats, Rhomboids, Trapezius, Rear Deltoids & Biceps

